



# {HEALTHIER} YOU 2012}

**REGISTER** during  
the **KICK OFF!**

**Saturday, Jan. 21st**

**At the  
Civic Center  
5-7PM**



**Valdez Parks  
& Recreation**

## **START FORMING YOUR TEAM**

Get a jump on the competition! Visit [www.swanalaska.org](http://www.swanalaska.org),  
print out a team registration form and bring it to the Kick Off!