



HEALTHY LIVING EXPO 2011 Food Fest!

Canned Food Sculpture Competition September 10, 2011

WHO:

All ages are welcome to form teams! Due to space limitations, the total number of teams able to participate will be limited to 8. Teams may be any size, but a minimum of 5 teammates is recommended.

WHAT:

VALDEZ CANNED FOOD SCULPTURE CONTEST!

Collect canned food and other non-perishable food items, then design & build structures from the food within a designated space in the Valdez Civic & Convention Center!

WHEN:

Teams are encouraged to gather members, start collecting canned and non-perishable food items and begin working on a sculpture design as soon as possible. The construction of the canned food sculptures will take place during the week leading up to the Healthy Living Expo on September 10th, 2011. Teams can take the entire week to construct their sculptures beginning on Tuesday, September 6th. All building must be completed by noon on September 10th, the day of the Healthy Living Expo.

WHERE:

Valdez Civic Center, Ballroom A

WHY:

To combat hunger and promote healthier eating habits in our community! By donating the canned and non-perishable food items used to create your sculpture you can help the Valdez Food Bank prevent hunger and provide vital resources to our community.

HOW:

Form teams, complete and return your entry form to: info@swanalaska.org or the Parks and Recreation Office.

Entry forms can be found at SWAN's Website: www.swanalaska.org and at the Parks and Recreation Office located in the Civic Center.

DETAILS:

Teams are responsible for collecting all food items and building materials, transporting these to the Civic Center and using them to create a canned food sculpture. Teams will also be expected to disassemble their sculpture at the conclusion of the Healthy Living Expo and remove their building materials from the Civic Center. For additional information contact Ashley Ney Vollmer at aney-vollmer@ci.valdez.ak.us or by calling 907-831-0947.

FAQ's

Frequently Asked Questions:

Who can participate?

Anyone can create a team! Businesses, co-workers, friends, family members, sports teams, student government groups, church groups, any group of people who want to work on a fun project together to help prevent hunger. Due to space in the Convention Center, there is a limit of 8 teams that can participate.

What are the rules?

Each team is responsible for acquiring all food items and necessary building materials, transporting these to the Civic Center and then constructing and deconstructing their own sculpture. Teams should be formed and food items and building materials collected as soon as possible. Food items can include: canned fruits, vegetables and meats, soups, and non-perishable food items such as boxes of rice mixes, pasta and easy to prepare meals. It is recommended that all food items used to create the sculptures be healthy and not within or near expiration. No glass containers, alcoholic beverages, or open and exposed food is allowed. Permissible building materials include: cardboard, foam core and wood to be used as stabilizing layers between rows of food within the sculpture. Rubber bands, nylon string, wire, Velcro and clear or double faced tape to be used to secure food items to each other or stabilizing layers- so long as any tape or adhesive used does NOT TOUCH or DAMAGE the labels of the food items. No food labels may be removed, covered, altered or damaged by tape or adhesive during the construction of the food sculptures. Cans with removed or illegible labels cannot be taken to the food bank. No permanent adhesives, such as glues may be used. Failure to adhere to these regulations may result in your build being disqualified.

Starting Tuesday, September 6th, 2011, beginning at 8am teams will be allowed to transport their food items and building materials to the Civic Center Ballroom to begin construction on their sculpture. All teams must complete their canned food sculptures by 12:00pm on Saturday, September 10th. Sculptures will be judged at 1:00pm and the winning sculptures will be labeled. Sculptures will be awarded according to the following criteria: Best Overall Sculpture, Healthiest Food Sculpture, Best Valdez Spirit Sculpture and Most Creative Sculpture. All canned food sculptures will remain on display during the Healthy Living Expo from 5pm-8pm. At the completion of the Expo each team must deconstruct their sculpture and dispose of their building materials. SWAN will be responsible for transporting all food items to the Valdez Food Bank for donation.

How do teams obtain food for their sculpture?

Food items can be acquired through traditional food drives, fund raisers to obtain donated food from businesses and other local organizations, by finding sponsors, donating food from your own home, purchasing food items at your own expense, and with money provided by a partnering company to purchase canned and non-perishable food items for the canned food sculpture competition. ANY and ALL activities to obtain food for the competition are the responsibility of the participating teams.

Is there a cost to participate?

While there is no cost to register for the event, each team is responsible for purchasing their own building materials necessary for their sculpture, as well as their own transportation.

What is the schedule for the Canned Food Sculpture Competition?

Teams are asked to submit their registration forms to info@swanalaska.org as soon as possible. Again, there is a total limit of 8 teams that can participate in the Canned Food Sculpture Contest, (teams can be any size, however, a minimum of 5 teammates is recommended). All registration forms must be submitted by **Sept 2, 2011**. On **Tuesday, Sept 6, 2011**, teams may begin building their canned food sculptures in the Valdez Civic Center Ballroom. Each team will be assigned an area labeled in which to construct their canned food sculpture. Each team is invited to work on their sculpture as often as possible **Tues-Fri** the week before the event during the Civic Center's open hours: **8am-5pm**. All building must be complete by **12:00pm noon on Saturday, September 10th, 2011** to prepare for judging and the Healthy Living Expo.

Who will benefit from this event?

All collected food will be donated to the Valdez Food Bank to be distributed to people and families in need in Valdez, Alaska!

How can teams win?

Winning sculptures will be chosen for the following categories: Best Overall Sculpture, Healthiest Food Sculpture, Best Valdez Spirit Sculpture and Most Creative Sculpture. Prizes will be awarded to the team who's sculpture takes the highest honor: Best Overall Sculpture.

Where can I get ideas for sculptures?

Lots of information can be found online. A few links to try include:

<http://www.construction.org/>

<http://www.columbusyp.org/construction/rules.pdf>

<http://www.squidoo.com/construction>